



SPENCERPORT CENTRAL SCHOOL DISTRICT
2021-22 CALENDAR

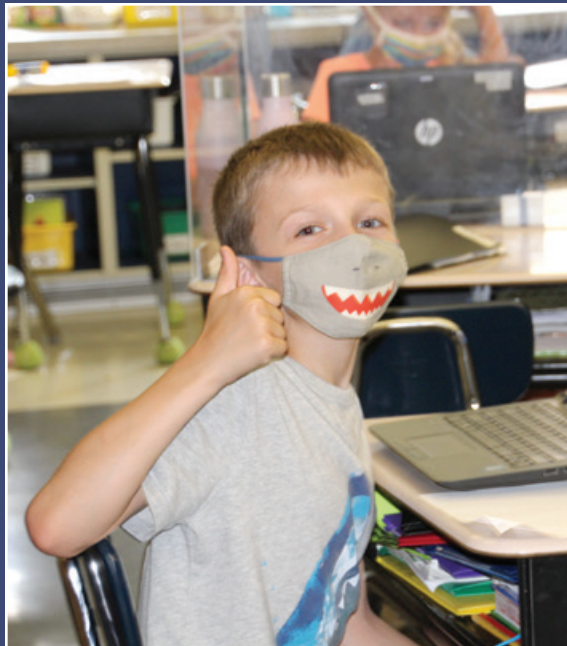


#SpencerportTogether....again

The last two years have been unlike anything we have ever experienced. As we prepare for the 2021-22 year, we know that each student has been uniquely impacted by the COVID-19 pandemic and will return to our schools with different needs for support.

Essential to every student is his or her physical well-being, mental health, and social and emotional learning (SEL). The Spencerport Central School District remains committed to enhancing its services and support in the above areas and providing students with a learning environment that fosters growth both personally and academically. The partnership between home and school has never been more critical, and we encourage parents to stay connected with us to strengthen the support for students.

This calendar is dedicated to informing families about our district's available programs, supports and initiatives around SEL, as well as parent tips and resources.



Social Emotional Mental Health Support Staff

School counselors help students in the areas of academic achievement, personal/social development and career development. Specifically, counselors support students with individual concerns, conflict resolution, grades/academics, peer pressure, bullying, social class, racism, substance abuse, threat assessment, and more. Counselors collaborate with principals, teachers and staff to meet student needs, offer trainings, and assist with Positive Behavior Intervention Supports (PBIS).

School psychologists apply expertise in mental health, learning, and behavior, to help children and youth succeed academically, socially, behaviorally, and emotionally. All children may experience problems at times or feel depressed, anxious, worried, or isolated. School psychologists assist students, families, and educators with addressing both long-term, chronic problems and short-term issues that students may face.

School social workers are responsible for providing crisis intervention, developing intervention strategies to increase

academic success, assisting with conflict resolution and anger management, helping students develop appropriate social interaction skills, working with parents to facilitate their support in their children's school adjustment, assisting parents to access programs available to students with special needs, and assisting parents in accessing and utilizing school and community resources.

Together, these professionals collaborate with principals, teachers and parents to create positive classroom environments, behavior management programs, and individualized counseling supports and services for students.



Our mission

Our mission is to educate and inspire each student to love learning, pursue excellence and use knowledge, skills and attitudes to contribute respectfully and confidently to an ever-changing global community.

School Directory

Spencerport High School (E.J. Wilson Building)	349-5200
2707 Spencerport Road	
Sean McCabe, Principal.....	349-5201
Attendance line.....	349-5250
Ada M. Cosgrove Middle School	349-5300
2749 Spencerport Road	
Jim Centola, Principal.....	349-5301
Attendance line.....	349-5350
Leo Bernabi Elementary School	349-5400
1 Bernabi Road	
David Caiazza, Principal.....	349-5401
Attendance line.....	349-5450
Canal View Elementary School	349-5700
1 Ranger Road	
Denise Lemcke, Principal.....	349-5701
Attendance line.....	349-5750
William C. Munn Elementary School	349-5500
2333 Manitou Road	
Michael Canny, Principal.....	349-5501
Attendance line.....	349-5550
Terry A. Taylor Elementary School	349-5600
399 Ogden Parma Town Line Road	
Telcie Pincelli, Principal.....	349-5601
Attendance line.....	349-5650



District Phone Numbers

District Phone Operator.....	349-5000
District Voicemail	349-5050
Superintendent, Kristin Swann	349-5101

Departments

Athletics.....	349-5170
Business.....	349-5110
Central Registrar.....	349-5114
Comm. Education/Volunteers	349-5681
Food Service.....	349-5190
Human Resources	349-5120
Instruction Office	349-5130
Special Education.....	349-5140
Superintendent's Office.....	349-5101
Transportation.....	349-5180

Calendar abbreviations

BOE	Board of Education
CMS	Cosgrove Middle School
CVES	Canal View Elem. School
DO	District Office
FSC	Family Support Center
Gr	Grade
Mod	Modified
NHS	National Honor Society
PAC	HS Performing Arts Center
SMA	Spencerport Music Association
SSBC	Spencerport Sports Booster Club

Parent Teacher Organizations

Bernabi	BPA
Canal View	CVA
Munn	MSPA
Taylor	PTO





STEPS TO ALLEVIATE THE ANXIETY OF A NEW SCHOOL YEAR

Students may be feeling anxiety and stress as summer comes to an end and thoughts of returning to school begin. Who will be my teacher? What will the classrooms look like? Will my friends have the same lunch period or class schedule?

If this sounds like your child or someone you know, here are a few tips from Erin Hassall, services manager for our Family Support Center.

- Get plenty of sleep. Children and teens need at least 9-12 hours of sleep daily.
- Eat healthy meals. Sugar and processed foods are a major contributor to anxiety, whereas a healthy, well-balanced diet boosts energy, contributes to positive moods, and promotes physical health.
- Exercise. Our bodies need to move. Several studies have found that exercise can build your resilience, and serve as an antidepressant for your brain.
- Breathing and meditation. Breathing is essential to helping ourselves find a place of calm. When we are breathing deep and slowly, our whole body begins to feel relaxed and calm.
- Quiet time away from screens. According to the American Association of Pediatrics, children should be limited to less than two hours of screen time a day. Encourage them to go outside, move, explore and have fun.
- Foster connections. Relationships play a huge role in how children feel. Do they have at least one friend? Feeling stressed and anxious can make you feel lonely. When you are feeling overwhelmed, it is important to connect or find someone to talk to.
- Be aware. When stressed, our thoughts tend to become negative which just reinforces the feelings. It can become an endless cycle. Help your child learn to recognize thoughts like "I can't do this." Replace those thoughts with calming, affirming thoughts like, "I can handle this," or "I don't like this but I will get through it".
- Make positive affirmation cards for your child. These reminders help reprogram negative thought patterns.

The goal of these tips is improvement, not perfection. If you stay positive through a challenging time, you will help yourself feel better even faster.

TIPS FOR AUGUST:

1. Engage in conversations with your children about back to school, how they are feeling about it, and/or what you can do to support them.
2. Schedule a time to tour your child's school.
3. Encourage your student to attend orientations, welcome-back events, sports, or activities.

AUGUST 2021

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TIPS FOR SEPTEMBER:

Learn how to teach children ways to manage their feelings, manage impulses and discuss ways to resolve conflicts with this video by PBS Learning Media.

<https://ny.pbslearningmedia.org/resource/self-management-video/social-emotional-learning/>

The code of conduct, classroom expectations, schoolwide behaviors, student self-management are among the main focuses in the beginning weeks of the school year.

ENCOURAGE HEALTHY HABITS TO START THE NEW YEAR

As the new school year begins on Wed., Sept. 8, here are 6 tips to help ensure your child heads off to school with the best possible foundation:

- **Get to know your child's teacher**
Building a relationship with your child's teacher is one of the best things you can do to support your child's academic achievement. Attending open house and parent-teacher conferences should be a priority, however, it should not be the only time you talk to your child's teacher. Check in with them monthly and ask them how you can support your child's academic achievement and, most importantly, let them know how you appreciate the work they do to help your child succeed.
- **Know what is expected of your child this year**
One of the best ways you can support your child's academic success is to stay connected to your child's classroom through Schoology, teacher emails or messages, or principal communications.
- **Make time to READ**
Reading throughout the year, is a vital part of your child's academic development. With younger children, read to them daily for 20 minutes and as their reading skills develop, take turns reading. And, for older children, encourage them to independently read daily for 30 minutes.
- **Enforce Healthy Habits**
To help your child have the best chance of success this year, it is important to follow healthy habits at home. Choose a bedtime that will give your child plenty of sleep and provide a healthy breakfast each morning. Encourage movement or exercise, and limit screen time.
- **Develop organization skills and stick to a routine**
Most kids thrive on structure and will respond well to routines that help them organize their days. Consider a visual checklist for the start of their day and another visual checklist for after-school activities or homework. Your routines may differ, but the key is to make it the same everyday so your child knows what to expect.
- **Foster self-management tools.**
Every school promotes positive schoolwide behaviors, character building activities, classroom expectations, and adherence to our district code of conduct. Ways to encourage these skills include:
 - Managing one's emotions and stress
 - Exhibiting self-discipline and self-motivation
 - Setting personal and collective goals
 - Using planning and organizational skills
 - Showing the courage to take initiative

SEPTEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																	
			1 7th & 8th Grs. Orientation, 8-11 a.m.	2 Freshman Student Orientation, 7:30 a.m.-12 p.m., HS Freshman Parent Orientation, 6-8 p.m., HS	3	4																																																	
5	6 Labor Day	7 Superintendent's Conference Day Elem. Meet & Greet, 2-3 p.m., All Elem Schools Board of Education, 6 p.m., D.O.	8 School opens: full-day session UPK Meet & Greet K orientation	9 First day of school for Pre K and K students	10	11																																																	
12	13 SHS/Elem. Emergency Bus Drills	14 CMS Emergency Bus Drills	15 CMS Curr. Night, 6:30-8 p.m. Beginning Band Parent Meeting, 7-8:30 p.m., Taylor	16 SHS Open House, 5:30-8:30 p.m. CVES Open House/Curr. Night, 6-7:30 p.m.	17	18																																																	
19	20	21 Board of Education, 7 p.m., D.O.	22	23	24 CMS Picture Makeup Day, 8 -11 a.m.	25																																																	
26	27	28	29	30 Munn Open House/Curr. Night, 6-7:30 p.m.	AUGUST 2021 <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>		S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31											
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← Homecoming/Spirit Week →



GROWTH MINDSET

It's now October. Routines established. Homework and studying habits formed. This month is a good time to reflect on the first full month of school, and be proud of the accomplishments so far. Think about:

- Did you make responsible or constructive choices?
- What did you learn about yourself?
- What approaches helped or worked?
- Who supported you?

October focuses on a growth mindset (versus a fixed mindset), which is explained by Carol Dweck as:

"Individuals who believe their talents can be developed (through hard work, good strategies, and input from others) have a growth mindset. They tend to achieve more than those with a more fixed mindset (those who believe their talents are innate gifts). This is because they worry less about looking smart and they put more energy into learning."

Ways to help your child with growth mindset:

- Talk about it. Talk with your child about their day, but guide the discussion by asking questions, like "Did you make a mistake today? What did you learn? What did you do that was difficult today?"

- Encourage failure. (WHAT?!) Yes, your child needs to know that failure (and often does) happens and it is okay! Remind them that each time they fail and try again, their brain is growing stronger! Don't step in to prevent your child's failure. That is how they learn to persevere in the face of challenges.
- The brain can grow. Remind your child that their intelligence is not fixed. Assure them that when things are difficult, their brain grows if they persist through the challenge. Each time they learn something new, their brain is making new connections.
- Help them change their dialogue. Your child's self-talk, or internal monologue makes a huge impact on their mindset. If they say, "This is too hard", help them change that to "I can't do this yet, but I will keep trying". Give them the words to say when they are feeling defeated by modeling it yourself.
- Praise the process. Visualize the building blocks of progress. Instead of saying, "You're so smart!" praise the effort, goal setting, persisting through challenges, or being creative. You can say something like, "Wow, you must have worked really hard on this!"

TIPS FOR OCTOBER:

Praise your student for: effort, strategies, progress, hard work, persistence, and rising to a challenge. NOT for being smart, born gifted, talented, or not making mistakes.

Encourage your child to make healthy and responsible choices based on ethical standards, safety, and social norms. Reinforce from home the importance of making responsible decisions and ask about the district's initiatives with DARE, Red Ribbon Week, or the HS CARE team.

OCTOBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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3	4 SHS Financial Aid Night, 6-7:30 p.m., HS Library	5 Board of Education, 6 p.m., D.O.	6	7	8 Superintendent's Conference Day: No School	9
10	11 Indigenous Peoples Day, formerly Columbus Day: No School	12	13	14	15 HS/CMS 5-week Progress Reports via Parent Portal	16 PSAT Exam, 7:30-10:30 a.m., SHS
17	18	19 Board of Education, 7 p.m., D.O.	20	21 Bernabi Open House/Curr. Night, 6-7:30 p.m. Taylor Open House/Curr. Night, 6-7:30 p.m.	22	23
24	25	26	27	28	29	30
31	 Red Ribbon Week					



TIPS FOR NOVEMBER:

Take the 21-Day Gratitude Challenge with your children. Example activities include:

- Use the alphabet as a fun way to make a list of things for which you feel grateful. Share this list at the dinner table, in a car ride, or at the next family function.
- Encourage your children to take a few minutes to let a classmate or friend know how much they appreciate them.
- Try to see the world through the eyes of a child. Think about the things you take for granted on a daily basis, and then express gratitude for everything down to the basic necessities that sustain your current life.

Link to 21-Day Gratitude Challenge: <https://bit.ly/3d6OUWq>

EXPRESSING OUR GRATITUDE

The month of November is the natural time of year, when our thoughts and reflections turn to all that we have to be thankful for and expressing our gratitude to family and friends.

Did you know? Practicing gratitude provides several physical and psychological health benefits. It enhances empathy and reduces aggression. Studies show that grateful people also sleep better and experience increased self-esteem.

- Gratitude opens the door to more relationships. Thanking a new classmate or friend makes them more likely to seek an ongoing friendship. (study published in *Emotion*)
- Gratitude improves physical health. Grateful people are more likely to take care of their health. They exercise more often and are more likely to attend regular checkups. (study published in *Personality and Individual Differences*)
- Gratitude improves psychological health. Gratitude reduces a multitude of toxic emotions, ranging from envy and resentment to frustration and regret. (Robert A. Emmons, Ph.D., a leading gratitude researcher)

- Gratitude enhances empathy and reduces aggression. Grateful people are more likely to behave in a prosocial manner, even when others behave less kind. (study by the University of Kentucky).
- Gratitude increases mental strength. For years, research has shown that gratitude not only reduces stress, but it may also play a major role in overcoming trauma. (*Journal of Personality and Social Psychology*)



Read more about gratitude on the Family Support Center website,

https://www.spencerportschools.org/parents___community/family_support_center/mental_health_wellness

NOVEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Board of Education, 6 p.m., D.O.	3	4	5 SHS Red Cross Blood Drive	6
7	8	9	10	11 Veterans Day: No School	12 UPK classes: No School for Parent/Teacher Confs.	13
14	15	16 Board of Education, 6 p.m., D.O.	17 Munn Parent/Teacher Confs. 3:45-6:45 p.m.	18 SHS ASVAB Test, 7:30-8 a.m., HS Bernabi Parent/Teacher Confs., 7:45-8:15 a.m. and 3:45-6:15 p.m. CVES Parent/Teacher Confs., 3:45-6:45 p.m. Taylor Parent/Teacher Confs., 3:45-6:45 p.m. SHS Musical, 7-9 p.m., HS PAC	19 CMS/SHS 1st quarter Report Cards Available in Parent Portal SHS Musical, 7-9 p.m., HS PAC	20 SHS Musical, 1-3 p.m., HS PAC SHS Musical, 7-9 p.m., HS PAC
21	22 SHS Parent/Teacher Confs., 3-6 p.m. Bernabi Parent/Teacher Confs., 3:45-6:45 p.m.	23 CVES Parent/Teacher Confs., 3:45-6:45 p.m. Munn Parent/Teacher Confs., 3:45-6:45 p.m. Taylor Parent/Teacher Confs., 3:45-6:45 p.m.	24 K-5 Report Cards Available in the Parent Portal	25 Thanksgiving Day	26 Thanksgiving Recess: No School	27
28	29	30			OCTOBER 2021 S M T W T F S 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	DECEMBER 2021 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



TIPS FOR DECEMBER:

Participate in the hot chocolate breathing activity this month, or practice mindfulness exercises. Mindfulness is the practice of paying attention to the present, here and now, with kindness and curiosity. Mindfulness is a way of clearing the mind to be in the current moment without judgment. There are also several apps dedicated to providing a sense of calm, a way to de-stress, relax and clear your mind. Apps such as: Breathe2Relax, Calm, Headspace, Smiling Mind.

DURING THE HOLIDAYS

December brings joy and excitement with school concerts, celebrations, and events. December may also be hectic with the holidays, packed schedules, and loss of a normal routine.

Here are a few ways to reduce stress for children:

- Manage your own stress. Try to be self-aware. Children sense when parents are affected by stress.
- Keep routines the same, as much as possible. Children thrive in routines, especially sleep schedules.
- Pay attention to physical, emotional, and behavioral warning signs of stress. Signs such as chronic fatigue, problems with digestion, headaches, weight gain or loss, overreacting, concentration problems, using alcohol or drugs, or withdrawing.
- Practice breathing. Breathing is essential to helping ourselves find a place of calm. When we are breathing deep and relaxed, our whole body begins to feel relaxed and calm.

- Teach your child to breathe, with this hot chocolate activity:

1. Pretend to hold a mug of hot chocolate.
2. Breathe in through the nose to smell the hot chocolate.
 - o Slowly count 1, 2, 3, 4, 5
3. Breathe out through the mouth to cool off the hot chocolate.
 - o Slowly count 1, 2, 3, 4, 5

Continue with this for 5 breaths. Notice how you feel.



DECEMBER 2021

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5	6	7	8	9	10	11
	SHS/Elem. Emergency Bus Drills	CMS Emergency Bus Drills Board of Education, .6 p.m., D.O	Bernabi Winter Concert, 7 -8 p.m.	Taylor Winter Concert, 7-9 p.m. SHS Winter Choral Concert, 7-9 p.m.		Taylor Winter Concert at Greece Ridge Mall, 10:15 a.m.-12:15 p.m.
12	13	14	15	16	17	18
		CMS 6th, 7th, & 8th Gr Winter Band Concert, 7-9 p.m.	SHS Instrumental Winter Concert, 7-9 p.m.	CVES Winter Concert, 7-9 p.m., HS PAC Munn Winter Concert, 7-9 p.m.		
19	20	21	22	23	24	25
				CMS/SHS 2nd quarter Progress Reports Available in Parent Portal	Holiday Recess: No School	Christmas Day
26	27	28	29	30	31	
	Holiday Recess: No School					



TIPS FOR JANUARY:

Students and parents alike can help each other with resolutions by asking guiding questions, like:

- What's something you are really proud of that you did this year?
- What was difficult about this year?
- What are a few simple steps you can do to make things better?

RESOLUTION FOR SELF-CARE

A new year represents a re-set, with resolutions and goals to motivate ourselves toward personal growth, self-care, and change. Unfortunately, 80 percent of resolutions fade by February. Encouraging children to set resolutions provides an opportunity to reflect on the previous year – both good and bad experiences – and identify goals for the new year. This also fosters self-awareness and the ability to persevere. Here are a few examples of self-care resolutions for students:

- Commit to talking to trusted family or friends about any problems, instead of keeping them inside.
- Make time every day to focus on an activity you enjoy. Draw or color. Focus on a hobby. Write in a journal. Practice the mindfulness that you learned in December.
- Exercise or engage in physical activity. Take a walk outside (even if it is cold). Participate in sports. Run around with a pet.
- If a goal involves changing a behavior or reaction to something, discuss strategies to handle the situation

better in the year ahead.

- Write down the resolutions. Psychologists' research indicates that individuals are 43% more likely to achieve goals when committed to writing.

As the year progresses, be sure to:

- Celebrate when sticking to these goals. Recognize the victories or positive steps, because the effort means progress, improvement, and building confidence.
- Model it. Children learn most effectively by example, and a behavior or activity becomes easier when watching someone else do it first.
- Connect. Connection is key, so make time to check in.



JANUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DECEMBER 2021 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	FEBRUARY 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28					1 New Year's Day
2	3 School re-opens	4 Board of Education, 6 p.m., D.O.	5 CMS Jazz Winter Concert, 7-9 p.m., CMS Aud.	6	7	8
9	10	11	12	13 SHS National Honor Society Induction, 6:30 p.m.	14 Pre-K-8 Half Day Release (grs. 9-12 in session)	15
16	17 Martin Luther King Jr. Day: No School	18 Board of Education, 6 p.m., D.O.	19	20	21	22
23	24	25	26	27	28	29
30	31	Regents Exams	Regents Exams	Regents Exams	Regents Exams	



TIPS FOR FEBRUARY:

The Family Support Center posted resources on its mental wellness web page, with conversation starters and tips.

https://www.spencerportschools.org/parents___community/family_support_center/mental_health_wellness

STRENGTHENING OUR CONNECTIONS TO FRIENDS AND CLASSMATES

It is important to feel connected to others, and developing positive relationship skills are invaluable and will last a lifetime.

Our district helps students in their abilities to establish and maintain healthy and positive relationships through our curriculum, programs, and extra-curricular activities. Skills such as:

- Communicating effectively
- Developing positive relationships
- Demonstrating cultural competency
- Practicing teamwork and collaborative problem-solving

- Resolving conflicts constructively
- Resisting negative social pressure
- Showing leadership in groups
- Seeking or offering support and help when needed
- Standing up for the rights of others

PBS Learning Media provides an overview on how to develop relationship skills with this video, <https://bit.ly/3wTpUdd>



FEBRUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																											
		1 Board of Education, 6 p.m., D.O	2	3	4 CMS/SHS 2nd quarter Report Cards Available in Parent Portal CVES Beginning Band Recital, 7-9 p.m., SHS PAC	5																																																																																											
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13	14	15 Board of Education, 6 p.m., D.O	16	17	18	19																																																																																											
20	21	22	23 Presidents Day/ Mid-Winter Recess: No School	24	25	26																																																																																											
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Guidelines for Social Media Use for Middle Schoolers

Signing Up

- ✓ Do not sign up for any account without parent permission (especially if you are not of age!)
- ✓ Allow parents to log into accounts and follow you
- ✓ Block and report to a trusted adult when you see something inappropriate
- ✓ Use this as an opportunity to build trust

Your Profile

- ✓ Do not use your first and last name together
- ✓ Do not pretend to be someone else
- ✓ Do not include your school name, sports team info, or jersey numbers on profile

Posts

- ✓ Remember your audience- even with a private account anyone can screenshot and share
- ✓ Keep posts positive
- ✓ Do not post about vacations until you have returned
- ✓ Do not accidentally share addresses, passwords, or phone numbers in a post

For Parents:

- ✓ Use as an opportunity to build trust
- ✓ Treat mistakes as learning experiences
- ✓ Always know the passwords
- ✓ Keep devices in a common area at night
- ✓ Have family "unplugged" time
- ✓ Set up "device free zones" for the entire family
- ✓ Talk often about what your student is seeing online
- ✓ Model good Digital Etiquette

Cosgrove Middle School 2015

SOCIAL MEDIA TIPS FOR TEENS:

- Remember your audience – even with a private account anyone can screenshot and share
- Keep posts positive
- Do not post about vacations until you have returned
- Do not accidentally share personally identifiable information
- Do not use your first name and last name together
- Do not pretend to be someone else

POSITIVE USE OF TECHNOLOGY AND SOCIAL MEDIA

According to the Pew Research Center, 95% of teens say they have or have access to a smartphone, and growing numbers indicate using the internet on a "near-constant" basis.

Positive aspects of using technology and social media include:

- Interacting with friends and peers
- Maintaining long-distance connections with family
- Expressing interests and connecting with people who share those interests
- Accessing news and information

Negative aspects of using technology and social media include:

- Bullying or spread of rumors
- Anonymity
- Unrealistic view of other people's lives
- Adverse impact on in-person interactions or friendships
- Concerns for increased anxiety, depression, or social emotional well-being

Our district and schools incorporate the proper use of technology and social media through the code of conduct, acceptable use policies, Netsmartz program, and teaching digital etiquette and citizenship.

Cosgrove teacher Elizabeth Roth shares these digital etiquette tips with families, as part of her class:

- Put your device away at the dinner table, family functions and when socializing
- Put your device down, remove both earbuds and make eye contact when being spoken to
- Silence your device at school and when with family
- Put your device face down when out on a table or desk
- Keep volume in headphones low enough so it doesn't disturb others and so you know when you're being spoken to
- Don't text and walk
- Know your audience – use proper English when communicating with a superior
- Don't post or send anything you'd be embarrassed to show your grandparents.



MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																				
		1	2 Districtwide Choral Event, 7-9 p.m., HS PAC	3	4	5																																																																																				
6	7	8 Board of Education, 6 p.m., D.O	9	10 SHS Parent/Teacher Confs., 4-7 p.m. SHS MIOISM Concert, 7-9 p.m., HS PAC	11 CMS/SHS 3rd quarter Progress Reports Available in Parent Portal CMS Festival of Nations, 6-8:30 p.m., CMS	12																																																																																				
13	14	15	16 Senior 100 Day Celebration, 8-9 a.m. Taylor Beginning Band Concert, 7-9 p.m.	17	18 K-5 Report Cards are available in the Parent Portal CMS Musical, 7-9 p.m., CMS Aud.	19 CMS Musical, 2-4 p.m., CMS Aud. CMS Musical, 7-9 p.m., CMS Aud.																																																																																				
20	21	22 Board of Education, 6 p.m., D.O	23 Districtwide Band Concert, 7-9 p.m.	24	25 PreK-8 Half Day Release (grs. 9-12 in session)	26																																																																																				
27	28	29	30	31	FEBRUARY 2022 <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28						APRIL 2022 <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </table>	S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
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TIPS FOR APRIL:

Using a 6-step checklist, encourage children to practice responsible decision making:

1. Identify the situation, question or problem, with facts only. Do not do this when angry or personalize it. Feeling attacked often leads to defensive behaviors.
2. Understand the factors, or pros/cons, from both sides.
3. Brainstorm solutions.
4. Evaluate the options.
5. Make a decision.
6. Evaluate and revise.

RESPONSIBLE DECISION MAKING

Spring recess is just a few weeks away, April 18-22, with Superintendent's Conference Day (no school) on Fri., April 15.

This is a good time to assess the academic, social-emotional and self-care goals set in previous months. How are things going with friends or social situations? Are students making responsible decisions to finish the school year strong?

Responsible decision making focuses on the abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations. This includes the capacities to consider ethical standards and safety concerns, and to evaluate the benefits and consequences of various actions for personal, social, and collective well-being.

Such as:

- Demonstrating curiosity and open-mindedness
- Learning how to make a reasoned judgment after analyzing information, data, and facts
- Identifying solutions for personal and social problems
- Anticipating and evaluating the consequences of one's actions
- Recognizing how critical thinking skills are useful both inside and outside of school

- Reflecting on one's role to promote personal, family, and community well-being

- Evaluating personal, interpersonal, community, and institutional impacts

A video on responsible decision making may be found at PBS Learning Media, <https://bit.ly/2SrmUB>

In the video, Jessica Davies, director of social emotional learning services for the Montgomery County Educational Service Center advises "We have a lot of kids in college and young adults, whose anxiety and depression is through the roof and I think there's a lot of kids that turn into adults that aren't sure how to make a decision on their own. So, the idea as teachers and parents is to support our kids in decision making and let them deal with natural consequences of their decisions when we know it's not going to hurt them, of course. And, again, it's case by case and it depends on age but it's really important to think about us as scaffolding them, so they are able to eventually make independent decisions that hopefully are the right ones for them."



APRIL 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MARCH 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	MAY 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31				1	2
3	4 SHS/Elem. Emergency Bus Drills	5 CMS Emergency Bus Drills	6	7	8	9
10	11	12 Board of Education, 6 p.m., D.O	13	14 CMS/SHS 3rd quarter Report Cards Available in Parent Portal	15 Superintendent's Conference Day: No School	16
17	18	19	20	21	22	23
	← Spring Recess: No School →					
24	25	26 Board of Education, 6 p.m., D.O	27	28	29	30



MENTAL HEALTH AWARENESS MONTH

Mental Health Awareness month recognizes the importance of a person's mental and social emotional well-being. Mental health impacts all aspects of life, including feelings, thoughts and actions. There is often a societal stigma with mental health, but by building awareness and understanding, the stigma continues to lessen and there is more universal compassion and acceptance.

According to the National Alliance on Mental Illness (NAMI) and the Journal of the American Medical Association (JAMA), 1 in 6 U.S. youth aged 6-17 experience a mental health disorder each year, and 50% of all lifetime mental illness begins by age 14, and 75% by age 24.

Mental health disorders are more common than we may realize, simply because people are afraid to talk about it. Conditions may include: anxiety disorders, Attention Deficit Hyperactivity Disorder (ADHD), bipolar disorder, depression, eating disorders, dissociative disorders, and obsessive-compulsive disorders.

Learning to help your child is essential, so begin by taking notice of your child's moods, behaviors and emotions. Early intervention is critical because conditions often worsen without treatment. Is it a phase or serious problem? Here's what you can do:

- Visit Kids Health at this link to find out how to understand your child's behavior,

<https://kidshealth.org/en/parents/emotions/?WT.ac=p-nav-emotions>

- Schedule an appointment with a licensed psychiatrist or psychologist
- If that's not possible, schedule an appointment with your child's pediatrician
- Describe the symptoms in as much detail as you can, including when they began.
- Educate yourself as much as you can about your child's condition or diagnosis.

The Family Support Center has a wealth of information, facts, resources, and providers at <https://bit.ly/2Uu3oZS> Parents worried about more serious mental health concerns such as suicidal ideation, should refer to the resources found on the back pages of this calendar.

TIPS FOR MAY:

- Encourage expression through creative outlets, like art, music or writing.
- Conduct daily mood check-ins.
- Create a calm corner or area. Students who feel overwhelmed often benefit from a designated area to go to manage their emotions.
- Encourage them to share their thoughts and emotions.



MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																				
1	2	3	4 SHS Parent Graduation Meeting, 7-8 p.m. CMS Jazz Spring Concert, 7-9 p.m.	5 Munn Beginner Band Concert, 7-9 p.m.	6	7 SAT Exam, 7:45-10:45 a.m.																																																																																				
8	9	10 Board of Education, 7 p.m., D.O.	11	12	13	14 SHS Sophomore Dinner Dance, 6-9 p.m.																																																																																				
15	16	17 Budget Vote, 6 a.m.- 9 p.m., D.O.	18 Taylor Troubadours Spring Concert, 7-9 p.m.	19 SHS Senior Recital, 7-9 p.m.	20 CMS/SHS 4th quarter Progress Reports Available in Parent Portal	21 SHS Junior Prom, 6-9 p.m.																																																																																				
22	23	24 Board of Education, 6 p.m., D.O.	25	26 SHS Academic Awards Ceremony 6:30-8:30 p.m., HS PAC CMS 6th, 7th, & 8th Grade Spring Band Concert, 7-9 p.m., HS PAC	27	28																																																																																				
29	30 Memorial Day: No School	31	Districtwide Art Show, 8 a.m. - 7 p.m., DO		APRIL 2022 <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td></td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </table>	S	M	T	W	T	F	S					1	2		3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	JUNE 2022 <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td></tr> </table>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
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SAFE AND HEALTHY LEARNING ENVIRONMENT

Spencerport Central Schools are committed to providing all students with a safe and supportive learning environment.

There are multiple programs, initiatives, curriculum and professional development trainings that interconnect – all with the purpose for keeping students safe. Such programs include our DARE program, DWI assembly, awareness weeks, and:

New York State's Dignity for All Students Act (DASA), which seeks to provide the state's public elementary and secondary school students with a learning environment free from discrimination, intimidation, taunting, harassment, and bullying on school property, a school bus and/or at a school function.

Each school has a Dignity Act Coordinator

- Bernabi: Brett Shufelt, 349-5409
- Canal View: Deanna Mendoza, 349-5740
- Munn: Jeanne Pacitto, 349-5540
- Taylor: Tabitha Messner, 349-5640
- Cosgrove: Julianne Henninger, 349-5342
- High School: Jennifer Davin, 349-5261

To report an incident, visit our DASA web page at this link to fill out a form.
<https://bit.ly/2SsB5un>

Bivona: Child Safety Matters

Since 2018, Spencerport has partnered with the Bivona Child Advocacy Center to teach classroom lessons to students on how to: spot and respond to bullying, cyberbullying, child abuse, and digital dangers. Most importantly, it teaches that adults are responsible for children's safety. The program is based on the latest research, and has been reviewed and endorsed by national experts.

Lessons are taught using child-friendly language, fun games and activities. Take-home items are also provided as reminders of the lessons. Parent involvement is key to the success of this program, because each lesson in the program includes materials to read and activities for parents to do with their children. Our district values the ongoing partnership that we share with our families.

CONFIDENTIAL TIPLINE:

The Spencerport Central School District maintains a Confidential Tipline for our students and community. The TIP line, which is available 24 hours a day, seven days a week, provides callers an opportunity to report activities such as: bullying, drug abuse, physical or sexual abuse, weapons, or threats in our schools.

Ensure Safety for All...Make the Call at 1-877-474-9403. There is no need to leave your name or number. For emergencies, please always call 911.



JUNE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																																		
			1 Districtwide Art Show, 8 a.m. - 7 p.m., DO SHS World Language Ceremony, 6:30-7:30 p.m., HS PAC SHS Instrumental Concert, 7-9 p.m.	2 UPK Parent/Teacher Confs. Pre-K-8 Half Day Release (grs. 9-12 in session)	3 UPK Half-day, all elem. schools SHS DWI Assembly, 7:30-8:30 a.m.	4 SHS Senior Ball, 6-9 p.m.																																																																																																		
5	6	7 Board of Education, 7 p.m., D.O.	8	9 SHS Spring Concert, 7-9 p.m., HS PAC	10	11																																																																																																		
12	13 CMS Spring Choral Concert, 7-9 p.m.	14	15 Regents Exams	16 Regents Exams	17 Regents Exams	18																																																																																																		
19	20 Juneteenth: No School	21 Board of Education, 6 p.m., D.O. Regents Exams	22 SHS Graduation Rehearsal, 9 a.m.-12 p.m. Regents Exams	23 K-5 Report Cards are available in the Parent Portal Regents Exams	24 SHS Rating Day Class of 2022 Commencement, 7-9 p.m.	25																																																																																																		
26	27	28	29	30	MAY 2022 <table> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					JULY 2022 <table> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S							1							2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						
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TIME TO UNPLUG

The summer months allow for rest, relaxation and re-energizing.

It is important that children have unscheduled leisure time. Leisure is not simply play, but rather in the context of freedom to choose non-activity, or “free-time”. (National Association for the Education of Young Children)

Children and teens who participate in a variety of physical activities are much more active as adults. Physical activity has also been shown to contribute to physical and mental health, whereas excessive media use is associated with poorer mental and physical health.

Encourage children to have quiet time away from screens and unplugged. According to the American Academy of Pediatrics (AAP), children should be limited to less than two hours of screen time a day. So, read, focus on a hobby, go outside, move, explore, and have fun!

To create a personalized family media use plan, visit [healthychildren.org](https://www.healthychildren.org/English/media/Pages/default.aspx#home),
<https://www.healthychildren.org/English/media/Pages/default.aspx#home>

TIPS FOR JULY:

Unscheduled leisure time



JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JUNE 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	AUGUST 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31				1 HS/CMS 4th Quarter Report Cards Via Parent Portal	2
3	4 Independence Day	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Mental Health First Aid

Spencerport has mental health counselors and trainers on staff who train teachers to increase their awareness about suicide prevention in schools, understand their role in identification and prevention, and help to develop a plan to support each school's efforts in preventing suicidal behaviors among students.

Following the training, participants are able to:

- 1) Identify warning signs of suicide
- 2) Understand the critical and limited role of faculty
- 3) Become familiar with school procedures for referring students
- 4) Be more informed about suicide
- 5) Reinforce protective factors
- 6) Understand how suicide prevention can be applied in mental health education

To learn more, about the Mental Health First Aid USA, or to find a course or contact an instructor, visit www.MentalHealthFirstAid.org.



What is social and emotional learning?

Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

What SEL framework will Spencerport be using?

Spencerport is adopting the Collaborative for Academic, Social, and Emotional Learning (CASEL) framework which identifies Five Core Competencies.

What are the Five Core Competencies?

- **Self-awareness:** Know your strengths and limitations, with a well-grounded sense of confidence, optimism, and a "growth mindset."
- **Self-management:** Effectively manage stress, control impulses, and motivate yourself to set and achieve goals.
- **Social awareness:** Understand the perspectives of others and empathize with them, including those from diverse backgrounds and cultures.
- **Relationship skills:** Communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.
- **Responsible decision-making:** Make constructive choices about personal behavior and social interactions based on ethical standards, safety, and social norms.

To learn more, please visit: <https://casel.org/core-competencies/>



Attendance Policy

Students must bring a note from a parent or person in parental relationship for all tardiness, absences or early dismissals. For further information, please visit our website>students>attendance.

District Insurance Policy

We urge parents and guardians to obtain adequate health insurance coverage for student injuries that may occur during the school day or on school grounds. Spencerport does not carry this type of insurance or insurance covering the theft of student belongings. The replacement of lost or stolen items is the responsibility of the parent or guardian.



Facilities Asbestos Report

The Asbestos Hazard Emergency Response Act (AHERA) is a federal law enacted in 1987 requiring all school districts to re-inspect all facilities for asbestos-containing building materials.

A detailed districtwide Management Plan was developed and approved by our board of education after a thorough inspection of our entire facilities by Peach Laboratories, Pa. in 1988.

The AHERA Plan, which is available for public inspection at the district office, outlines appropriate response actions to ensure a continuously safe environment.

Use of facilities

Please visit http://www.spencerportschools.org/parents___community/facilities_use for the step-by-step process to reserve one of our facilities or fields. The online application, forms, and deadline schedule are also provided. If you have any questions, please contact 349-5681.

Physical exams

To all parents of students entering grades PreK or K, 1, 3, 5, 7, 9, and 11 in September 2021. The New York State Education Department requires physical examinations by a physician, nurse practitioner or physician's assistant for students in these grades.

When you see your physician or other health care provider for a routine annual physical exam this year, please ask for a health certificate to give your current school nurse. This is a good time also to schedule a full dental screening for your student and to bring that dental certificate in as well.



Medication and Immunizations

Medicine may be dispensed in school under strict guidelines established by New York State:

1. A physician must prescribe ALL medication taken in school, including over-the-counter drugs (pain medication, cough syrups, lozenges, creams, etc., and antacids such as Tums).
2. The school nurse MUST have on file a written order from the student's physician and a written request from the parent to administer the medication.
3. All medication must be provided in its original container, including over-the-counter drugs.
4. NO medication of any kind is to be brought to school by a child. It must be delivered directly to the school nurse by a parent – not transported on the bus by the student.

Immunization requirements are listed on our website and proof of immunization is due on the first day of school. For more information about Monroe County's immunization clinics, please call the Monroe County Health Department at 753-5150.

For information about health appraisals and recertifications for athletic participation, please call the high school (349-5252) or the middle school nurses (349-5351).

Student Code of Conduct

The intent of the code of conduct is to promote responsible behavior, which will lead to the greatest success for all learners in the school community. To achieve this goal, all members of the community are expected to learn and exhibit the following characteristics:

- Responsible Behavior
- Mutual Respect
- Personal Dignity
- Personal Excellence

The code of conduct applies to any school function, on or off school property, including on the school bus. The code of conduct is reviewed annually, with revisions adopted by the board of education.



Food services: healthy, well-balanced meals for our students

Students of all ages need healthy meals to learn, grow and thrive in school, and Spencerport's Food Service program offers daily, nutritious breakfast and lunch meals in our cafeterias.

Are you eligible for free or reduced meal prices?

We want to make sure that every eligible student is signed up for free or reduced-price meals. Details on eligibility, guidelines and applications may be found on our website, at www.spencerportschools.org>Department &Programs>Food Services>Free or Reduced Application Information. Copies are also available in your school's main office, the food service department (district office), or the district registrar.

Applications must be submitted and/or renewed annually, and take 4 to 6 business days to process. For more information, call 349-5190.



Stay Connected!

Contact information, kept in your child's records, should be kept current (telephone numbers, addresses, etc.) To add, delete or change data, please call your child's school.

The district communicates with families using an automated system, with options for phone calls or emails. Please make sure your contact information is up to date.

Emergency notifications, closings and snow days

The district will notify families by 6:30 a.m., when a decision is made to close school due to snow or winter conditions. These messages will be sent via our automated system and posted on our district website and social media accounts. Although the district does send information to local television and radio stations, district resources are the most reliable.

When school is closed or dismissed early, please note that all after-school and evening activities, including athletics, clubs, and continuing education, will also be canceled.

Calendar date and event changes

The information in this calendar is subject to change. For the most up-to-date information, visit our district website, follow us on Facebook, Instagram and Twitter, and download the district's mobile app to your Android or Apple smartphone or tablet.



Stay connected
Mobile App on Apple



Stay connected
Mobile App on google

Release of student information

Dear Parent/Guardian,

The Family Educational Rights and Privacy Act (FERPA), a Federal law, requires that the Spencerport Central School District with certain exceptions, obtain your written consent prior to the disclosure of personally identifiable information from your child's education records. However, the Spencerport Central School District may disclose appropriately designated "directory information" without written consent, unless you have advised the district to the contrary in accordance with district policy. The primary purpose of directory information is to allow the district to include this type of information from your child's education records in certain school publications or in response to inquiries.

Examples include:

- A playbill, showing your student's role in a drama production
- School Newsletters
- Classroom Newsletters
- Student Newspaper
- School Displays/Bulletin Boards
- The annual yearbook
- Honor roll or other recognition lists
- Internet
- Graduation programs; and
- Sports activity sheets, such as game programs



Directory information, which is information that is generally not considered harmful or an invasion of privacy if released, can also be disclosed to outside organizations without a parent's prior written consent. Outside organizations include, but are not limited to, companies that manufacture class rings, publish yearbooks and media reporters. In addition, two federal laws require the Spencerport Central School District, which receives assistance under the Elementary and Secondary Education Act of 1965 (ESEA), to provide military recruiters, upon request, with three directory information categories - names, addresses and telephone listings - unless parents have advised the Spencerport Central School District that they do not want their student's information disclosed without their prior written consent.

Parents and students age 18 or older have the right to tell us that any or all of the directory information listed below should not be released without prior written consent. If you wish to exercise that right, please notify us in writing by September 1 of the new school year telling us which of the directory information categories listed below you do not want released without prior consent.

Directory Information Categories

- Student's name
- Participation in officially recognized activities or sport
- Address
- Telephone listing
- Enrollment status (part-time, full-time undergraduate etc.)
- Weight and height of members of athletic teams
- Electronic mail address
- Photograph
- Degrees, honors, and awards received
- Date and place of birth
- Major Field of study
- Dates of attendance
- Grade level
- The most recent educational agency or institution attended
- Name, address and telephone listing to military recruiters

Your letter can be sent to:

Student Information Service
Spencerport Central School District
71 Lyell Avenue, Spencerport, NY 14559
Spencerport, NY 14559

If you have any questions, call 349-5150



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US Postage
PAID
Spencerport, NY
Permit #22

Spencerport
Central School District
71 Lyell Avenue
Spencerport, NY 14559
585-349-5000



SPENCERPORT CENTRAL SCHOOL DISTRICT
2021-22 CALENDAR

